

The shield of faith helps us quench the fiery darts of the enemy. Complete the maze below.



The Two Kingdoms



name

ear ye! Hear ye! Attention all knights! We're in a battle for truth—are you ready? Is all your armor in place? We must be sure that we understand the differences between the two kingdoms involved in the battle—God's good kingdom that is based on truth and the enemy's (Satan's) bad kingdom that is based on lies. The good news is God wins!



king
God
Satan
truth
lies
light
dark
evil
good
love
hate

ruler

Complete the word search. Then, starting at the top and moving from left to right, fill in D the blanks with the blue letters to complete the phrase. A R E Q S G D C H H G B Q W R A Q n 0 W E Z T V G S f p Τ W W 0 E A Z H T U 0 D H K Z E D Z A X E W 0 U U S R X H n E 0

"God is the ______

RULER OF THE GOOD KINGDOM."





Be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

Ephesians 6:10-11



Tomorrow's Verse

Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness.

Ephesians 6:14

★ CHALLENGE: Practice getting both physically strong and spiritually strong at the same time. Set a timer for one minute. See how many jumping jacks or other exercises you can do in that minute. At the same time, see if you can say the memory verse at least once without mistakes.





- 1 Can you think of 10 things you can thank God for? Make a list, remembering that every good thing is given to us by God, the ruler of the good kingdom.
- 2 How many sit-ups or push-ups can you do in one minute? Time yourself and record how many you do. Do you think you could do more if you practiced every day? Exercise done regularly makes you physically strong. What is one thing you can do regularly to be strong in the Lord?
- Play a game of opposites with a friend or family member or by yourself. How many kingdom opposites can you think of in one minute? Set a timer and see! (Examples: light, dark; all-powerful, limited power.)
- 4 Check AnswersVBS.com/keeperkids for more fun information!

Ask yourself THESE QUESTIONS:Which kingdom wins? Which kingdom do I want to be part of?

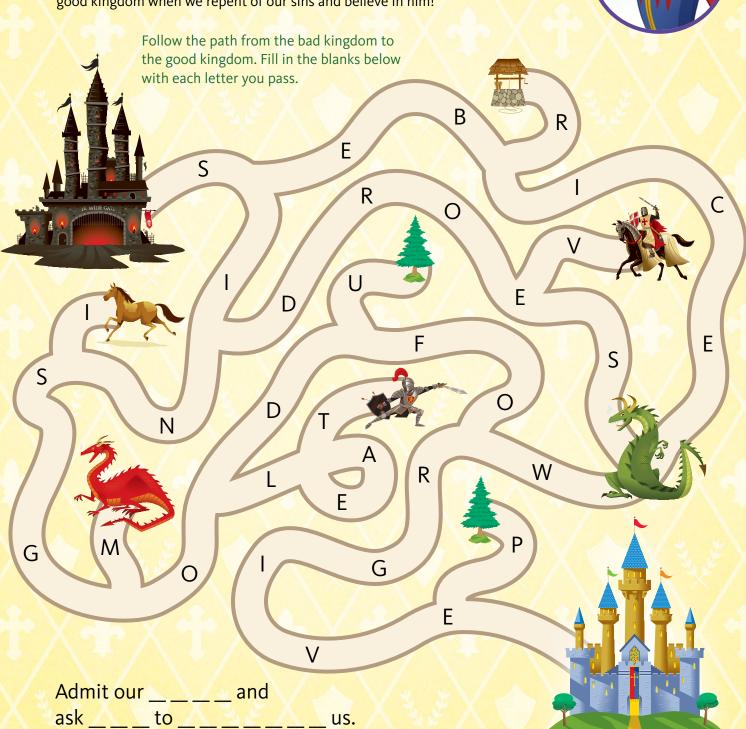


OF TWO, ONLY ONE IS TRUE!



name

oday, we're learning why there are two kingdoms. Satan chose to disobey God and then he tricked Eve into eating the forbidden fruit. When Adam sinned, he joined Satan's bad kingdom. Sadly, we are all born into this kingdom. But Jesus died and rose from the dead so we can become part of God's good kingdom when we repent of our sins and believe in him!







Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness.

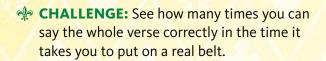
Ephesians 6:14



Tomorrow's Verse

And your feet shod with the preparation of the gospel of peace.

Ephesians 6:15





Go and Do ZX

- 1 Go on a treasure hunt through your house to find the one book that is completely true. Hint: One name for it is God's Word! How many can you find?
- 2 Search your home for belts. What kinds of belts did you find (e.g., dressy, practical, large, or simple belts)? Which belt fits you best? Put it on and remind yourself that God's Word is true from cover to cover.
- Tell someone what God's Word means to you.
- 4 Check Answers VBS.com/keeperkids for more fun information!

Ask yourself these questions:

Do I have an unshakable trust in the Bible? (Pray and ask God to help you to!) Do I want to be known as a person of truth?



The Breastplate & Shoes



name

nward, knights! On this day, we're learning how to put on the breastplate of righteousness and shoes of peace. In the Bible, the account of King Josiah's life (ruler of Judah) provides a good example of what it means to obey God and do right in God's sight.

Circle the correct answer to each question.



1. What piece of armor do we put on after the belt of truth?



or



breastplate

commands?



Manasseh



Josiah

2. Which king wanted to follow God's



3. How old was Josiah when he became king?

or



or

or



4. What did Josiah want to repair?



the school



the temple

5. What did Hilkiah the priest find?





6. When Josiah heard Shaphan read the book of the law, how did he feel?

or





happy

7. Which piece of armor helps us stand firm?

or



or



8. Which piece of armor helps us to live rightly with God?



or



breastplate





And your feet shod with the preparation of the gospel of peace.

Ephesians 6:15



Tomorrow's Verse

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

Ephesians 6:16

CHALLENGE: Put on a pair of running shoes and jog for one minute while saying your verse. How many times did you say it correctly?



Go and Do 🗷 🖂

- One way to do right in God's sight is to obey your parents with a good attitude (Ephesians 6:1). What have they asked you to do that may be hard for you to obey right away and with a smile? Ask God to help you obey and commit yourself to doing it.
- 2 Make your own King Josiah costume (e.g., make a paper crown and decorate it, decorate a paper towel tube as a scepter). Josiah decided to do right in God's sight as a boy. What right thing can you do today?
- 3 Decorate a sign to put near your shoes that says "Shoes of Peace." Add today's memory verse.
 When you put on your shoes, think about and pray for people who need to hear about Jesus.
- 4 Check AnswersVBS.com/keeperkids for more fun information!

Am I at peace with God? Have I talked about Jesus to anyone lately?



The Shield & Helmet

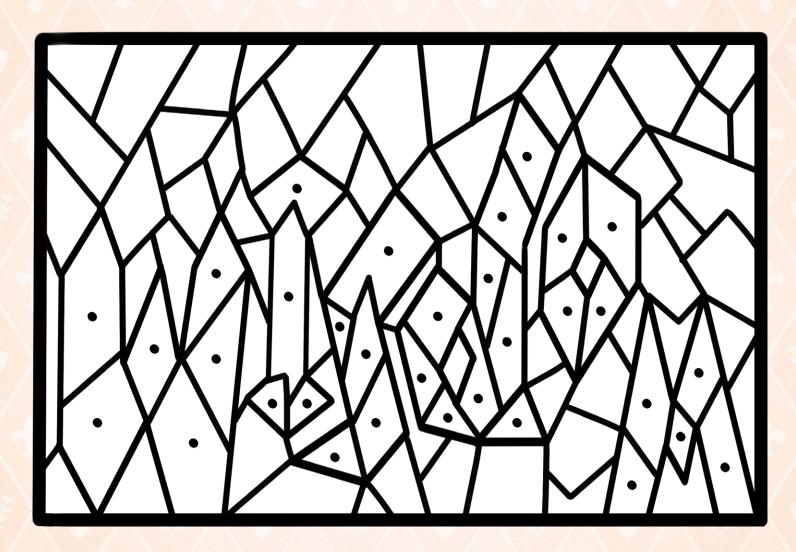


name

ood day, citizens! On this day, we're discovering the importance of putting on the helmet of salvation and holding up the shield of faith. These pieces of armor protect us from the darts (arrows) of the enemy. It's important that we know the Word of God so we can block these darts and stay strong!



Color in the shapes with dots to reveal the hidden word.



"God gave Solomon great _____





Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

Ephesians 6:16



Tomorrow's Verse

And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit.

Ephesians 6:17-18a

* CHALLENGE: Get a paper plate ("shield") and some paper wads ("fiery darts"). Have someone throw paper wads at you while you use your shield. At the same time, say your memory verse.



BYRON THE IRONCLAD BEETLE

Go and Do ZXX

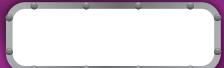
- 1 Make a temple building with LEGO bricks, blocks, or cardboard boxes and tubes. Look in 1 Kings 6 for a description of the temple. What precious metal did King Solomon use throughout the temple?
- 2 Go on a hat hunt around your house. How many hats can you find? Which hat is the funniest? Which hat would provide the most protection (e.g., large sun hat, bike helmet, sports helmet)? Remember that the helmet of salvation protects your mind from bad influences.
- Draw a big heart and write out Philippians 4:8 inside it. Ask God to help you use that verse to decide whether to watch or listen to something (or someone).
- 4 Check AnswersVBS.com/keeperkids for more fun information!

ASK YOURSELF THIS QUESTION:

Am I hanging out with or watching or listening to anyone who is leading me away from God?



The Sword & Prayer

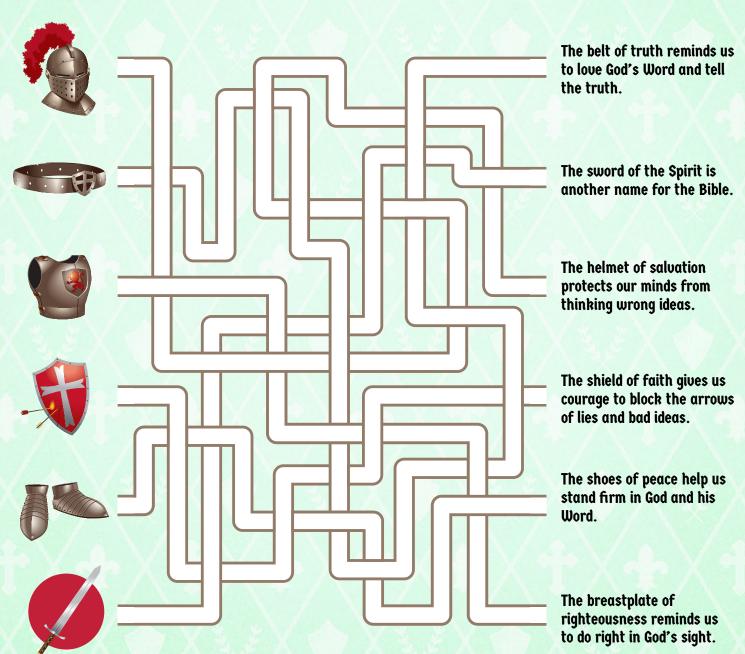


name

ood morrow, friends! With your last pieces of armor in place, you're ready to stand strong in the battle for truth! Take up the sword of the Spirit (God's Word) and pray for God's help in the battle. Keep your guard up by training your brain: read, study, and memorize God's Word. Follow Jesus' example to use the sword of the Spirit to stand strong against the enemy's temptations. (Check out Matthew 4:1–11.)



Follow the paths to match the armor of God to its description.





TODAY'S UERSE

And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit.

Ephesians 6:17-18a

CHALLENGE: Try to say the whole week's verses in order. You may want to make up motions to symbolize each armor piece to help you remember the order.





- 1 Draw a knight's sword on a piece of sturdy paper and write "Sword of the Spirit" on it, then color and cut it out. Use it as a bookmark in your Bible.
- 2 Train your brain to know God's Word. How many verses from VBS can you say by memory? Pick a Bible verse from the Bible or your card caddy and memorize it!
- It's important to pray. If you're a child of the King, pray now and thank God for giving you the armor of God. Ask him to remind you to wear it every day!
- 4 Check AnswersVBS.com/keeperkids for more fun information.



Color the stained glass window below. What did Jesus use to fight Satan's lies? Color the pieces that have a dot to find out! What is another name for this piece of armor? Write it here:

